

WELCOME TO RED-TAIL HAWK CAMP!

Get ready for five days and nights full of excellent games, new crafts, night adventures, and creating an awesome wilderness campsite. We can't wait to see what new crafts, stories and friendships you end up with on Friday!

HOURS & EVENTS

Monday: Please arrive promptly 9am. Opening Circle from 9:30—10am. Parents, please join us for this first of two very important “integration circles,” which will greatly support your child’s ability to successfully integrate his or her powerful overnight experience.

Friday: Parents please arrive promptly at 2pm. Closing Circle from 2:15—3:00pm.

LOCATION & DIRECTIONS

The Abode of the Message, near Rt. 20 in New Lebanon, NY. From East: Take Rt. 20W from Pittsfield, cross the NY line and turn left on Darrow Rd. From South: Take Rt. 22N into New Lebanon, take Rt. 20E, go 1/4 mi., turn right on Shaker Rd. which merges into Darrow Rd. after 1 mile. From West: Take Rt. 20E into New Lebanon, turn right on Shaker Rd. which merges into Darrow Rd. after 1 mile.

On Darrow Rd. *Please obey Darrow School 25mph speed limit—this is so important!* Drive 1 mi. to the Abode, turn right onto Chairfactory Rd. You will immediately cross over a small bridge and turn left into a parking lot. Please park *beyond* the recycling receptacles, and please park tightly.

TIP!-DAY

Wednesday, June 9th, 10am—4pm. A fun day of community-powered action to prepare your child’s magical summer camp experience! Watch the raising of the Flying Deer tipi! There will be a variety of projects, as well as refreshments & snacks. Information to be posted on our website later this spring.

FRIDGE IT!

This paper will be very helpful the week before camp, so keep it somewhere smart. :)

We are certified by the New York State Health Department, who would like you to know that we must have a permit to operate from NYSDH, that our camp is required to be inspected twice yearly, and that the inspection reports and required plans are filed at the Columbia County Department of Health in Hudson, NY, available for your review if you would like to check them out.

5 Abode Rd. New Lebanon, NY 12125
518.794.6687

www.flyingdeernaturecenter.org

RED~TAIL PACKING LIST

*Please note that it is important for campers to take part in the packing process so that they are familiar with their gear and where everything is in their packs. Campers should be able to carry their gear up to ½ mile.

~1 larger backpack: for camping gear—clothing, eating utensils, toothbrush, etc.)

~1 small daypack: for short adventures—nature journal, knife, waterbottle, snack, etc.)

~ Lightweight sleeping bag: preferable synthetic (wet down makes poor insulation)

~Sleeping pad: a camping pad (yoga mats are poor insulation & heavy when wet).

~Clothing: wet cotton is heavy and can chill the body dangerously. Synthetic clothing dries quickly and keeps you warm even when wet. Good camping synthetics include nylon, polypropylene, and fleece. Wool and silk are great. Dress and pack thoughtfully.

* 2 pair of shorts & 2 T-shirts (one for hiking, one for campsites)

* Long johns (top and bottom)

* Thin, long sleeve shirt

* Thin fleece (top and bottom)

* Bathing suit

* 3 pairs of socks

* Waterproof raingear (top and bottom)

* Hiking boots (worn in!)

* Sandals (lightweight, sturdy-Texas or equivalent)

Other Important Items ~ Please Read Carefully

~2 sturdy 32oz. water bottles

~Nature Journal, 3 pens and/or pencils

~camping (or non-breakable) bowl, plate, fork

~toothbrush, toothpaste

- ~flashlight
- ~sturdy, sharp knife. Non-folding with 2-3" blade is preferable
- ~Bug spray & sunscreen (small, lightweight, tight-closing containers)
- ~4 garbage bags (heavy duty—"contractor bags")
- ~5 ziplocs (gallon)
- ~Toothbrush and toothpaste (small tube).