

WELCOME TO COTTONWOOD CAMP!

TO BRING

Footwear: Rugged outdoor sandals, boots, or sneakers that can get wet and dirty are best.

Clothing: They will get dirty! Muted earth tones are best—invisibility in the forest is a big part of our camp.

Water Bottle: Make sure it has a carrying strap; 1 liter is a good size.

Lunch: Make sure it has a carrying strap. Include both snack and lunch (high-energy and nutritious, please, to support your child's many adventures. Pack a plastic baggy for take-home trash.

Backpack: This will stay at camp all week. Pack it with: extra clothing (shorts, pants, shirt, socks, shoes or boots or sandals), swim suit, rain gear, bug repellent & sunscreen (apply at home). Earth-tone swimsuits are best!

Hours & EVENTS

Hours: 9am–3pm. We are group-oriented, so please arrive on time for pickup and drop-off. A late fee of \$5 every 10 minutes will be charged starting at 3:10pm. Thank you for honoring our need for timeliness!

Opening Circle: Bless your child's weeklong journey on Monday morning, 9:15 to 9:45. Bring a "wish feather" (secure fasten a string to the feather, with two loose ends about 6" long) and a blessing for your child. If possible bring the whole family, but we ask that at least one parent join the circle. Come! It makes a big difference!

Friday Event 1:45–3pm. A lively and fun event run by the campers and staff. Bring family and friends!

Location & Directions

The Abode of the Message, near Rt. 20 in New Lebanon, NY. From East: Take Rt. 20W from Pittsfield, cross the NY line and turn lft. on Darrow Rd. From South: Take Rt. 22N into New Lebanon, take Rt. 20E, go 1/4 mi., turn rt. on Shaker Rd. which merges into Darrow Rd. after 1 mile. From West: Take Rt. 20E into New Lebanon, turn rt. on Shaker Rd. which merges into Darrow Rd after 1 mile.

On Darrow Rd. Please obey Darrow School **25mph** speed limit—this is so important! Drive 1 mi. to the Abode, turn right onto Chairfactory Rd. You will immediately cross over a small bridge and turn left into a parking lot. Please park *beyond* the recycling receptacles, and please park tightly.

Tipi-Day

Wednesday, June 9th, 10am–4pm. A fun day of community-powered action to

prepare your child's magical summer camp experience! Watch the raising of the Flying Deer tipi! There will be a variety of projects, as well as refreshments & snacks. Information to be posted on our website later this spring.

FRIDGE IT!

This paper will be very helpful the week before camp, so keep it somewhere smart. :)

We are certified by the New York State Health Department, who would like you to know that we must have a permit to operate from NYSDH, that our camp is required to be inspected twice yearly, and that the inspection reports and required plans are filed at the Columbia County Department of Health in Hudson, NY, available for your review if you would like to check them out.

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www.flyingdeernaturecenter.org